

# ***How To Win Your Lover Back***

## ***Top 10 Mistakes You Can't Afford to Make***

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***This Report Proudly Brought to You***

***By***

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# So You Want Your Love Back... Let's Get Started!

## 10 Mistakes... Are You Making These?



If you're determined that your partner is the right one for you, then it's best to get a plan together to bring him or her back. The plan isn't difficult nor is it about dirty mind tricks. Why I suggest you have a plan is because right now you are likely too scattered to think rationally about your situation.

Feeling emotional, desperate, fearful, lonely, heart-broken and stressed are all emotions that are playing AGAINST you when you want to get your ex back.

But first, let me ask you some questions. Answer honestly and be mindful whether you're making some of these mistakes already.

### **Question #1 - Are you taking it seriously?**

If you want your lover back, you need to be committed. You need a plan you can follow with conviction. If you doubt yourself, if you think you can win them back by doing what you've always done, you might not see the results you want.

You might be offended about that. How can you NOT be taking it seriously you ask? Well it's one thing to THINK about doing something, it's another to actually DO it. If you find yourself hesitating to [quit smoking](#), [lose weight](#) or try to curb a bad habit, when you KNOW it will make your partner happy, then do you really want them back bad enough?



### **Question #2 - Are you willing to change?**

Continuing on from the last question. Some people are too set in their ways to really change. Now there is a difference between changing just for the sake of pleasing someone else, and doing it for yourself.

You should NEVER change for someone else. That might seem contradictory

from what I have said above. But what I mean is, if there's a behaviour you KNOW is bad for you, but you keep doing it despite how much your ex hates it, then perhaps you are not as committed to getting them back as you first thought.

This section about willing to change goes deeper than a few bad behaviours. Are you willing to sacrifice for your partner? Are you willing to change not only for them but for yourself? For the sake of your relationship and for your happiness?

It certainly depends on what it is you need to change, which you will have to figure out from reading Section #1.

### Question #3 - Do you have a positive self-image?



Do you feel on some level you're not good enough for your partner? That you don't deserve them? These beliefs will limit your ability to get them back.

Of course it might also mean you feel regretful for something you have done. I'm not saying you should be overly cocky about the ability to get them back, but if your self-image was poor prior to them leaving you, then this is an area you may need to work on.



If you are suffering from [deep depression](#), [stress](#) or [anxiety attacks](#), or you find yourself having [suicidal thoughts](#), please do get professional help.

### **Question #4 - Are you paying attention to what your partner wants?**

It's easy to fall into the victim mode. You're the one hurt, you're the one out of control, and you're the one desperate to get them back. You might want your partner to feel sorry for you, so your actions around them are also filled with self-pity.

This is very unattractive and will only want to make your partner wish they were somewhere else or with someone else.

Redirect your attention away from how much pain you are feeling right now and consider your partner's perspective. Have you hurt them equally as much as they have hurt you?



### **Question #5 - Are you taking action?**

Doing is more powerful than talking. The best way to start changing yourself for the better is simply by doing small things for yourself everyday.

These things could be:

- [Losing weight.](#)
- [Improving your finances.](#)
- [Being more grateful.](#)
- Treating yourself and the people around you with respect.
- [Taking steps each day to improve on your flaws.](#)

Simply saying you'll change and things will be better does not equal being so. To show your ex you really are going to change, you need to start putting that change into action.

### **Question #6 - Are you confident?**

People are attracted to those that are self-assured and confident in their own abilities. For men, if your girlfriend has left you, don't simply shower them with attention, gifts and 'I love You's' (unless your break up was due to a lack of those things), identify the root of the problem and go from there. If you apologize blindly without dealing with the core issues, your ex will see through your blatant persuasions.

### **Question #7 - Do you feel the need to panic?**

Panicking at this stage will only do you a great deal of unnecessary damage. This means drunk dialing, constant text messaging, stalking and talking to their friends/family to try to get them back. These are all things to be avoided!

If you're suffering from **panic attacks** (which is very different from the above),

you can find [help and cure here](#).

### **Question #8 - Do you have misguided beliefs about gaining their trust and love back?**

You can never EXPECT them to come back. Thinking that way will come through in your actions and this will only repel their desire to come back. Be genuine and loving to your partner but never expect to get the same in return.

### **Question #9 - Are you too proud?**

You need to realize what is most important. Winning the battle or winning your love back. Swallow your pride and don't let a good thing go just because of your ego.

### **Question #10 - Are you drowning yourself in a great deal of self-abuse?**

It is much too common for people to drown in their sorrow with alcohol, drugs or anything of that nature. This is NOT the time to start being self-destructive.



You need to be in the best shape you can be right now. This means eating healthy, exercising, getting out of the house etc. Substance abuse is not only bad for your body; it will only make you feel worse in the long-run.

(If you have an addiction to alcohol, or drugs, please [refer here](#) to get treatment and help.)

What if you've made some of these mistakes already? Is it too late to get them back? I get asked this many times and often people believe they have made far too great of a mess of their situation to ever hope to get their ex back.

The truth is, all the mistakes you have made up to this point isn't as important as compared to the OVERALL scheme of things, AS LONG AS you start changing right now!

If we all believed our past equalled our futures then not much would ever get accomplished, and people would stop trying after their first blunder.

Now with that said, you shouldn't completely IGNORE the past or your past mistakes. Remember they are there to tell you something, that things need to change and you have the power to change them RIGHT NOW.

But now here is the big dilemma.

**How do you change?** How do you begin to not only stop making the mistakes but let your ex see you're not the person they broke up with, but the person they fell in love with instead?

The great news is, you're not the ONLY one with this problem. In fact, many

many folks out there are facing the exact same dilemma. The outcry became so big that those that DID figure it out decided to help.

Now yes, those self-help books DO help, however, what I found was, they focused too much on the SELF and not enough on the RELATIONSHIP.

Human existence is all about the relationships we have with others. Failure to maintain and grow those relationships will cause them to die. And in turn, we die along with it.

That's why it's so important to learn HOW to get your love relationship back in order. After all, what is more important than love?

Thankfully, there IS a solution. [The Ex Recovery System](#) was written just for people like you, going through a break up and wanting a solution SPECIFICALLY to help with getting back a lost relationship.

### [Download The Ex Recovery System](#)

It details the steps on how you can finally do the RIGHT things without too much hassle to get your lover back.

I want to share with you a very unique system, ***The Ex Recovery System***, and I believe it's one of most solid products on the market because...

- It caters to average folks [just like you](#), written in simple to follow

instructions.

- It uses psychological tactics that are subtle enough that no one will have a clue what you're really up to. Your ex will think it was THEIR idea to come back. ([Learn more!](#))
- Shows you how you can bring back that person your ex fell in love with again. Sometimes hard to do when you're so heart-broken. ([Learn more!](#))
- Special technique that will give you instant relief from your break up pains. ([Learn more!](#))
- And my favourite, how to give a POWERFUL apology that has the potential to really “wipe the slate” clean and get them gravitating back to you again. (Remember all those mistakes you made? This works like magic in making them NOT matter anymore). ([Learn more!](#))
- How to craft the perfect initial letter or phone call to your Ex. Now you'll know how you can make contact successfully. ([Learn more!](#))
- Not one but **TWO potent strategies** proven to work for winning your ex back – even if your lover is far away from you, stubborn and resistant and you feel like your situation is completely and utterly hopeless! ([Learn more!](#))

The even greater news is, you could be using [The Ex Recovery System](#) in as little as 5 minutes. Due to the advantage of the internet, it is available in digital format which you can download right now. No more waiting around for books to be delivered and wasting precious time.

[Download The Ex Recovery System](#)

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There is also a 60 day money-back guarantee. So if for any reason you are not happy...any reason at all...you will get a full refund...and you can keep everything you downloaded.



I hope you've gained some value from this report and it has allowed you to reflect back on yourself and your relationship in a different way.

I'll talk to you soon,

Ashley Kay

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