

my.. Relationships

Presents

# The Ex Recovery System UNADVERTISED BONUS

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***“SURE SIGNS You Still Have A Chance To  
Win Your Ex Back”***

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# ***SURE SIGNS* You Still Have A Chance To Win Your Ex Back**

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The **top 3 things** I get asked most are:

- a. How can I get my ex back.
- b. How to get them to talk to me.
- c. **What are the signs I still have a chance to win them back.**

The first two are addressed in detail in the **Ex Recovery System**. I wanted to isolate this question because I feel it deserves a much more in-depth look.

Through my own experience and by talking to many others, I'll let you in on what I've found to be the telltale signs of an ex who isn't quite over you.

These won't be what you're expecting and may even SHOCK you.

If you want to know whether:

- Your ex still has feelings for you
- Your ex still cares about you
- Your ex still loves you
- Your ex still wants to make the relationship work
- Your ex is on the verge of wanting you back
- Your ex is considering getting back together
- Your ex still misses you
- You still have a chance of getting your ex back

**You'll want to read this special report in its entirety.**

First let's have a look at the specific methods your ex will use to give you clues about their true feelings for you:

- a. Showing **any kind of emotions** towards you or your actions.
- b. Keeping **some sort of contact**, any contact.
- c. Using the **Push Pull** psychology on you subconsciously – **pulling your attention** one minute, **pushing you away** the next.
- d. Being **competitive** – showing signs they want to “out-do” you in terms of success in relationships or life in general.

Let's have a close look at each of these key signs.

## Showing ANY Kind of Emotions Your Way

People are addicted to emotions. Good or bad, they need it to feel alive! The kind of emotions we crave are those that we don't often experience... emotions that are strong and overwhelming; the kind that you can physically FEEL.

The most intoxicating emotion we all want to experience is LOVE. Love is more than just an emotion, but when we talk about "being in love" or "falling in love", it is something we can **feel**.

So if we LOVE something, when we want to feel the opposite, we must HATE it right?

Wrong!! Ever heard of the saying "There is a thin line between love and hate?"

Love and Hate are in fact a part of the same family. The two emotions can both be fiery, passionate, outrageous, spontaneous and sometimes irrational. When we choose to associate Love or Hate towards an action, it means we're choosing to "CARE" about it.

How often do you "hate" something you hold little value or thought towards? You only hate the things that resonate with your "core"; the things that matter more to you than meets the eye.

So what is the opposite of Love? If love is a fiery emotion, the opposite must be one devoid of all emotions.

The opposite of love is complete indifference, because indifference is not an emotion. It means you don't care about something. You don't hold any feelings towards it whatsoever.

Emotions are GOOD, even the bad. It's indifference you need to watch out for.

### **Note:**

Indifference can be a nice disguise for FEAR. The reason being, although Fear is a strong emotion, it is one of the few emotions that suck energy INWARD rather than OUTWARD. When you're fearful, you retreat inward, to your inner child or your inner voice.

If your ex is fearful of you or a relationship with you, that is a LEARNED behaviour and something much harder to work around.

## Keeping Some Sort of Contact

Human beings crave connection and interaction with other human beings. Especially those we have built a past similarity or connection with.

If you entered a room full of strangers and started a conversation with someone standing next to you, the next time you enter the room, assuming you “liked” the person, you’ll go straight for them again for the second contact. You want contact because you have a connection, you share similarity (having spoken with them from before) and you enjoy their company.

If your ex is showing emotions towards you, they must “care”, and if they “care” they’ll want to make contact.

The problem comes when you’re unsure what “type” of contact is good or bad. In many cases, we’re still forced to converse with people we don’t like on a daily-basis.

Your ex’s contact must come without other motives, like work, family or kids.

The sort of contact could be anything:

- a. Phone calls
- b. Text messages
- c. Online messages
- d. Surprise visits

Contact doesn’t need to be fully carried through either. For example, you may have found your ex called you but didn’t leave a message, or they have sent a text but failed to respond to yours.

The point is, as long as they initiated some sort of contact, follow ups are not important. Not when determining if they still care anyway.

Why do they do this?

Reasons could be:

- They miss you
- They’re experiencing sudden bouts of loneliness
- They’re somewhat regretful about the break up
- They feel guilty

- They're having problems in their current relationship
- They want to see what you'll do (contact them or not respond)

What should you take away? They're not completely over you yet and still think of coming back when they're especially vulnerable.

## Push Pull Psychology

Is your ex showing attention one minute and then pull away cold the next? This is an interesting psychological behaviour that happens very commonly in ex partners.

A classic example is when an ex, having left the relationship, tells you they miss you and/or you're wonderful/beautiful, then asks you to "come over". Once you do, the next day they're suddenly cold and snappy, perhaps even mad when you bring up the idea of "getting back together".

This is similar to **a. Showing Any Emotions**. Only it's worse, because they're toying with YOUR emotions.

The Push Pull dynamic is a classic case of an ex that isn't quite over the physical aspect of the relationship. They miss "some" of the things you do, but not all that a relationship entails.

They don't want the "steak", just the "sizzle".

Although this sounds like bad news, it just means that your ex is still struggling with the **core problems** in the relationship or is not completely certain they should have broken up with you.

It's a good sign however that they still do care about you. They just need more time to work out what they want.

## Becoming Competitive

This is the least common behaviour out of the 4, but it can happen. An ex who is showing signs of being in "competition" with you is doing so to over-justify the decision to break up

with you. That often means they're uncertain about their decision to break things off and need to over justify their actions to feel satisfied with the choice.

Examples of competitive behaviour:

- Being overly happy about the break up
- Openly showing that they're "happy" with someone else
- Boasting about areas of their life that they believe is more superior to yours.
- Exaggerating or showing off the fact that they're "over you". Eg. Flirting with other people, dating, going out a lot etc.

All of this point to the fact that they want to appear better off without you than you are. But why would they need to prove this point if they really ARE over you?

Because they're not!

## **WARNING!**

I wanted to give a warning to all of the SIGNS shown above.

Under ANY circumstance, if you feel your ex is showing you these signs, do NOT feel compelled to tell them what they're doing.

The biggest mistake you can make is to point out they're not over you WHILE they are showing these signs.

This will majorly piss them off and force them to do the exact opposite, which is to not give you any contact at all.

Be careful of this knowledge and remember for the exact step-by-step system to winning their love back, follow the **Ex Recovery System**.

For a limited time only, get **The Ex Recovery System PLUS From Break Up to Break Through Coaching Program**.

Here's what you'll receive:

**#1 The Ex Recovery System Manual**

- Discover 2 proven strategies to win your ex back
  - One for a more direct approach (best if you are on speaking terms with your ex and is able to see them regularly).
  - The second is recommended for slightly difficult situations where your ex refuses to see you or you're in a long distance relationship.
  - Both method works and can be used together or separately. (For best results use them together)
- The secret to understanding men, what he really wants, what he won't want you to know and why you've been getting it all wrong! Learn the secret to making him never leave you!
- Inside your woman's mind – get inside her head and find out what she really wants, what will make a woman leave a relationship and how to make her begging to want you back again.
- How to stop your break up pain and heal your broken heart – why this is important if you want to win your ex back as fast as possible.
- How to become the #1 man or woman in your ex's life and how to crack the rules of attraction.
- What to do if your ex is seeing someone else and how to keep them from wanting to date around.
- Much much more in this 130+page manual!

### **#2 The Ex Recovery System Interactive Journal**

- You won't need to make your own notes anymore because all the chapter summaries are made for you.
- Ever felt lost about what to do and when to do it? I'm one step ahead of you – here I've included my specially designed Test Quizzes for you to judge whether you're ready for contact, whether you should get your ex back and if your ex still has feelings for you. This will keep you in check.

### **#3 The Ex Recovery System 3-in-1 Bonus**

- Need to send that perfect letter to your ex? Here I've included my proven-to-work letter templates thousands have used to reinitiate contact with an ex the RIGHT way.
- The secret to giving the perfect apology that won't make you look weak and will actually make you sound sincere and trustworthy. You need this if you want to turn your situation around fast!
- Having trouble getting your ex partner to commit to you and you only? Commitment is a scary thing, but here's a formula I created that will help you get your ex to finally

come back to you for good. It's based on proven strategies and taps into tried and proven human psychology fundamentals. It can work for you!

#### **#4 Access to My New From Break Up to Break Through Coaching Program For 14 Days Free**

- Here you'll get a sneak peak at this 12 week daily training program from me. I've included videos, articles and interactive modules to help you each day at a time.
- Gain exclusive access to the private members only forum where you can ask me, and others like you your most pressing concerns. No question is a bad question!
- Showing more examples, tactics, tips and warning signs from break up, to reuniting with your ex to having the relationship of your dreams! It's all in here for you!

You get all this for an incredibly low price of only \$39.. remember traditional therapists will charge upwards of \$100+ for an hour session. The support you receive here is next to none and you'll have ongoing support with your relationship problems from expert relationship advisers.

Really this is less than the price of an inexpensive date, but I won't go on about how much value is included here, as you can see that for yourself.

#### **Here's What You Need to Do Next**

**IMMEDIATELY head to [The Ex Recovery System](#) and claim your copy.**

The worst that can happen is you get it and decide it's not for you or won't work for you for some reason, and I'll give you your money back, no questions asked. You can even keep the material!

But I think you're going to love the information included and it will help you tremendously right now. Either way, you win!

P.S. [The Ex Recovery System package](#) is a digital product and that means no additional shipping and production costs. You gain instant access after your purchase.

I'll talk to you soon,  
Ashley Kay